



Red Mill Supper Club

Gluten Free Menu



The Red Mill is sensitive to your allergy and the safe handling and preparation of your meal. The Red Mill has made every effort to research it's ingredients for the presence of gluten. However, manufacturers ingredients may change without notification and current law does not require all forms of gluten to be listed.



Appetizer

Shrimp Cocktail. Six Jumbo Shrimp chilled and served with homemade cocktail sauce. \$7.95

The Garden

Garden Salad

A fresh array of garden goodness including a spring mix of lettuce, hard boiled eggs, cucumbers, tomato, and carrots. \$7.95

With grilled Chicken \$10.95

With grilled Shrimp \$11.95

Dinner Salad

Mixed spring greens served with tomato and carrots. \$2.95

Dressings: 1000 Island, Bleu Cheese, Parmesan Peppercorn, Fat-Free Raspberry Vinaigrette and Fat-Free Tomato-Basil Vinaigrette, Light French & Light Ranch.

Potato or Vegetable Choices: Baked Potato with sour cream, Rice, Broccoli or Mixed Vegetables. Served ala carte \$2.95.



Beverages

\$2.00 (free refills): Coffee, Hot Tea, Iced Tea, Milk, Pepsi, Caffeine-Free Diet Pepsi, Wild Cherry Pepsi, Sierra Mist, Diet Sierra Mist, Mountain Dew & Lemonade.

Red Bridge beer by the bottle is Gluten Free. \$3.50

See menu insert for other Gluten Free Wines and Liquors.

Customize your dinner with the following:

Sautéed Onions \$2.45

Butterflied Shrimp \$6.95

Four jumbo shrimp boiled or lightly seasoned and sautéed.

Sea Scallops \$6.95

Four medallion-sized scallops served lightly seasoned and sautéed.

Lobster Tail \$8.95

A four ounce cold-water Lobster tail, tender & succulent. A perfect addition to your meal.

King Crab Legs \$15.95

Eight ounces of already split, mouth-watering Alaskan King Crab Legs.

From the Land

Prime Rib

Our signature Entrée is slow-cooked, sealing in flavor. One bite and you'll know why the Red Mill is your "PRIME" Destination!

Petite (8oz) \$16.95 Queen (14oz) \$20.95 King (20oz) \$23.95

Ribeye

A 6 ounce cut of choice Ribeye grilled to your liking. \$14.95

Porterhouse Pork Chop

An 8 ounce Porterhouse Pork Chop lightly seasoned and grilled to perfection. \$15.95

Tenderloin

An 8 ounce cut of the most tender, juicy steak you'll ever have. \$22.95

Prime Rib & Lobster

Petite Prime Rib with two 4 ounce Lobster Tails. \$28.95

New York Strip

A 10 ounce center cut strip. \$20.95
Also available with choice of Parmesan Peppercorn sauce or melted Blue Cheese. \$21.95

Grilled Chicken Breast

Lightly seasoned & grilled. \$8.95



Seas & Lakes

Seafood Platter

Jumbo Butterflied Shrimp, Sea Scallops, a Haddock Fillet & a Maine Lobster Tail.
A feast to be remembered! \$24.95

Salmon

Hand selected from Sweden. \$17.95

King Crab Legs

Don's Favorite! Approximately 1 pound of already split Alaskan King Crab Legs.
A feast fit for royalty. \$33.95

Maine Lobster

Four tails from the icy depths of the Atlantic Ocean, totaling one pound of decadent pleasure! \$30.95

Shrimp & Scallops

Jumbo Butterflied Shrimp & Sea Scallops prepared lightly seasoned and sautéed. \$18.95

Butterflied Shrimp

Jumbo Tiger Shrimp hand-picked and prepared boiled or lightly seasoned & sautéed. \$17.95

Potato Wrapped Haddock

Haddock fillets wrapped with thin slices of potato, pan-seared and drizzled with a creamy homemade dill sauce. \$14.95

Walleye

A Wisconsin favorite. Premium freshwater fillets, flaky & tender. Served sautéed. \$17.95

Seafood Stuffed Pasta Shells

Jumbo "Shells" stuffed with Shrimp, Crab, Spinach, Garlic, plus Parmesan, Romano and Ricotta cheeses, then topped with a homemade Roasted Red Pepper Sauce. **\$15.95**

Above dinners include dinner salad and choice of Baked Potato with sour cream, Rice, Broccoli or Mixed Vegetables.

Friday Specials

Friday specials include dinner salad and choice of Baked Potato with sour cream, Rice, Broccoli or Mixed Vegetables.

Classic Wisconsin Fish Fry

Baked or lightly seasoned & sautéed. \$9.95 Double \$13.95

Walleye

Premium freshwater fillets, flaky & tender. Served sautéed. \$15.95 Double \$20.95

Jumbo Shrimp

Six Jumbo Shrimp prepared boiled or lightly seasoned & sautéed. \$15.95 Double \$19.95



Lighter Appetite Menu

Senior Menu includes choice of either dinner salad OR Baked Potato, Rice, Broccoli or Mixed Vegetables.

Ribeye

A 6 ounce cut of choice Ribeye grilled to your liking. \$12.95

Seafood Sampler

This succulent platter consists of one Haddock fillet, two Jumbo Shrimp & two Sea Scallops prepared sautéed. \$12.95

Walleye

Six ounces of premium freshwater fillets, flaky & tender. Served sautéed. \$12.95

Butterflied Shrimp

Four Jumbo Shrimp prepared boiled or lightly seasoned & sautéed. \$12.95

Children's Menu

Children's Menu includes pickle spear, apple sauce and choice of either dinner salad OR Baked Potato, Rice, Broccoli or Mixed Vegetables.



Haddock

Two sautéed haddock fillets. \$6.95

Shrimp

4 Jumbo Tiger Shrimp lightly seasoned & sautéed or boiled. \$6.95

Cheeseburger

A juicy quarter pound beef patty with melted American Cheese served on lettuce. \$5.95

Other

Chocolate Mints contain gluten! Seasonings *may* contain trace amounts of gluten.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.